Grey Street P.S

2026 Newsletter Issue 1

2026

20/2	Casual Clothes Day – Fluro
23/2	School Photo Day
26/2	Whole School Athletics
3/3	Easter Raffle Opens
4/3	Grandparents & Special Person's Day
11/3–13/3	NAPLAN Testing
16/3–20/3	NAPLAN Testing
20/3	Harmony Day & World Down Syndrome Day (wear orange and funky socks)
23/3	NAPLAN Testing
25/3–27/3	Yr 6 Camp
30/3	Easter Casual Clothes Day
31/3	Easter Raffle Closes
2/4	World Autism Day & Last Day (wear a touch of blue)

MONTHLY WRAP UP

Issue 1 will show us some important dates coming up for term 1.
We hope all of our families have had a wonderful break and we are all looking forward to seeing everyone back and eager to learn in 2026.

Principal's Place

Welcome Back to Term 1 at Grey Street Primary School.

We hope that the students are just as excited as we are to get back into the swing of things and are looking forward to what we hope will be a fun and engaging year of learning in 2026.
To all of our new Prep families – welcome!
We know that your child starting their school journey can be a very daunting time for parents so please see your classroom teacher if you have any questions or concerns.

We look forward to getting to know our new families, and working closely with all of you to ensure every student is getting the best out of their learning.

Warm regards,

Dean Gray
Principal

Privacy Reminder

Annual privacy reminder for our school community:
Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' privacy policy and the Schools' privacy collection notice. Our Photographing, Filming and Recording Students policy Photographing-Filming-Recording-Students policy, describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance we provide on how we use Microsoft 365/Google Workspace for Education safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using Microsoft 365/Google Workspace for Education, please contact the school. For more information about privacy, refer to: Schools' privacy policy: information for parents.
This information is also available in eleven community languages:

- Amharic
- Arabic
- Chinese
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese

School Council

School Council Nominations

Please note: Forms are available at the front office or on Compass.

This year the two year terms of Steve Inman (President), Carly Hair (Vice President), Luke Hornstra, Rebecca Ross, Joseph Chitambo, Tenielle Mizzi and Ian Duncan's are concluding. On behalf of the school community, we sincerely thank them for their commitment, time and valuable contribution to our school.

We are now inviting nominations for school council. Each term runs for 2 years, and an information flyer is attached to provide further insight into the role and responsibilities of School Council members.

You are welcome to self-nominate or nominate another member of the school community by completing the relevant nomination form attached. Please place completed nomination forms into the ballot box at the front reception counter. Paper copies of the forms are also available at the office. All outgoing school councillors are warmly encouraged to nominate again!

Nominations open today, Tuesday 3 February and close at 4pm on Tuesday 10 February.

Thank you
Dean

Fundraising Term 1

To kick off our fundraising efforts for 2026, we are starting Term 1 with a Casual Clothes Day. We are asking that all students wear Fluro Colours and bring a gold coin donation. This term we are fundraising for 2 new water stations and an undercover bus shelter.
We have had such a successful run with our fundraising efforts so far and it would be amazing to see this continues in 2026.

Term 1 2026

28th January - 2nd April

FEBRUARY

20/02 - Casual Clothes Day with gold coin donation - Fluro Clothes

23/2 - School Photo Day

26/2 - Whole School Athletics

MARCH

3/3 - Easter Raffle Opens

4/3 - Grandparents & Special Person's Day

9/3 - Public Holiday - Labour Day - No School

11/3 - 13/3 NAPLAN Testing - Yrs 3 and 5

16/3 - 20/3 NAPLAN Testing - Yrs 3 and 5

20/3 - Harmony Day (wear a touch of orange) & Down Syndrome Day (Wear funky socks)

23/3 NAPLAN Testing - Yrs 3 and 5

25/3 - Year 6 Camp

30/03 - Casual Clothes Day - Easter themed donation

31/3 - Easter Raffle Closes

APRIL

1/4 - Easter Raffle Drawn and Prizes Go Home

2/4 - World Autism Day (Wear a touch of blue) & Last Day of Term 1

Year 4 Swimming Lessons - Date T.B.C

The Resilience Project

The Resilience Project (TRP)

At Grey Street Primary School, we continue to embed The Resilience Project as part of our everyday learning and wellbeing approach. Many families will already be familiar with TRP, which focuses on building positive mental health through the evidence-based principles of Gratitude, Empathy, Mindfulness (GEM), and Emotional Literacy.

These concepts are explicitly taught in classrooms and woven into daily routines, conversations, and school culture. TRP gives students practical strategies to understand their emotions, build resilience, strengthen relationships, and navigate challenges.

We've attached a short information letter for families, which also includes ways you can support these same wellbeing strategies at home if you wish. When schools and families share a common language around wellbeing, our students are best supported to thrive.

WELCOME TO

THE RESILIENCE PROJECT™

Families

Why wellbeing?

1 in 4 primary students
experience high levels of depression or anxiety. 1

1 in 3 secondary students
experience high levels of depression or anxiety. 1

2 in 5 adults
experience a mental disorder in their lifetime. 2

1 State of the Nation Report 2024
2 Australian Bureau of Statistics: National Study of Mental Health and Wellbeing, 2020-2022.

School wellbeing program

With staggering statistics among children, young people and adults in Australia, The Resilience Project is working to **drive change through a preventative approach by building a culture of wellbeing in schools**.

Based on the evidence-based principles of Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy, our program equips students with lifelong wellbeing habits and **empowers families to support wellbeing at home**.

The whole-school wellbeing program involves explicit teaching through our **evidence-based curriculum** alongside wellbeing habits being integrated in school routines.

Supporting wellbeing at home

We know that when schools, families and communities **speak the same language around mental health, our young people thrive**. Throughout the year, you'll receive resources to help you develop wellbeing and resilience at home.

Proven impact

Through multiple independent evaluations, students participating in our School Wellbeing Program have shown **measurable improvements** compared to students at schools that aren't involved.

Scan the QR code or click here to learn more.

The Imperfects podcast

On this podcast, founder of The Resilience Project **Hugh van Cuylenburg**, his good friend **Ryan Shelton**, and only one of their brothers, **Josh van Cuylenburg**, talk to a variety of interesting people who **vulnerably share their own struggles and imperfections, or expertly pass on their wisdom on the subject of imperfection**. Whether it's in The Vulnerabilitea House, The Academy of Imperfection, or with their resident psychologist, Dr Emily, The Imperfects are here to find some valuable takeaways we can all apply to our own imperfect lives.

theresilienceproject.com.au

THE RESILIENCE PROJECT™

Lunch Orders

A timely reminder for all of our parents to please update your student/s class on your Spriggy Schools app.
This will avoid their lunch being sent to the wrong classroom each time they get a lunch order.
For new parents, please see below the app and how to order. We have also attached a menu of what Munch Lunch offer (prices may not be exact as they may have been updated on app).

Spriggy Schools

The canteen has partnered with Spriggy Schools for online lunch orders!

Creating your account

- Download the app
- Register your details
- Create a profile for each child

Placing your first order

- View the canteen menu on the home screen
- Browse the menu and tap 'Add to Cart' on any item
- Go to cart and tap 'Place Order' to confirm
- You can edit or cancel your order before the cut-off time

Download the app now!

GET IT ON Google Play | Download on the App Store

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PLEASE UPDATE YOUR STUDENT/S CLASSROOM NUMBER

MUNCH LUNCH

SNACKS

Fruit Salad = $3.50

- Mixture of seasonal fruits

Vegie Sticks = $3.50

- Carrot, Cucumber, Celery & Capsicum with Hummus dip

Cobs Popcorn - Sweet &Salty 13g & Sea Salt 13g snack bags = $1.80

Vege Chips - 21g Bags = $1.80

- Plain, Chicken, BBQ & Salt & Vinegar available

Please note lunchs are not made in a allergen free kitchen

SCHOOL LUNCH MENU

SALADS

Caesar Salad = $8.00

- Mix Lettuce (Iceberg & Cos), Sliced Egg, Shredded Chicken, Bacon Pieces & Shaved Parmesan Cheese With Caesar dressing in a portion control squeeze packet, *NO CROUTONS*

Garden Salad = $5.00

- Mix Lettuce (Iceberg & Cos), Sliced Cherry Tomatoes, Sliced Cucumber, Shredded Carrot

BUILD YOUR OWN SALAD

- Please see online app for build your own salad options.
- Options are similar to build your own sandwich

Caesar Dressing = $0.50

French Vinaigrette = $0.50

- Dressings are portion control - same as Sauces

ONLINE ORDERS HERE:

App available on andriod & apple. Just look for Spriggy Schools

hello.munch.lunch@gmail.com

facebook/munchlunch

DRINKS

Milk - 250ml = $3.50

- Chocolate
- Strawberry
- HoneyComb
- Nippys - Brand may change subject to availability.

Milk - 200ml = $2.00

- Plain Long life milk

Zymil Milk - 250ml = $2.50

Lactose Free Chocolate Milk - 250ml = $3.50

Juice - 250ml = $2.50

- Apple
- Orange
- Apple & Blackcurrent
- Nippys - Brand may change subject to availability.

Water 600ml = $3.00

MUNCH LUNCH
Traralgon

SUSHI

All Sushi = $4.50

Chicken Avocado

- Sushi Rice, Nori Seaweed, Avocado, Plain Chicken & Mayo

Avocado Cucmber

- Sushi Rice, Nori Seaweed, Avocado, Cucumber & Mayo

Tuna Avocado

- Sushi Rice, Nori Seaweed, Avocado & Cooked Tuna

Chicken Schnitzel Mayo

- Sushi Rice, Nori Seaweed, Avocado, Chicken Schnitzel & Mayo

Omelette Carrot Cucumber

- Sushi Rice, Nori Seaweed, Cucumber, Carrot, Omelette & Mayo

SANDWICH

Bread Type = $2.00

- Bread, Roll or Wrap
- ***GF Bread, Roll or Wrap Available $3.00***

Meat = $2.50ea

- Shredded Chicken
- Shaved Ham
- Sliced Roast Beef
- Mild Salami

Salad = $1.00ea

- Lettuce
- Tomato
- Egg
- Carrot
- Red Onion
- Avocado
- Cucumber
- Beetroot
- Pineapple
- Cheese

Condiments = $0.70ea

- Mayonaise
- Vegemite
- Strawberry Jam
- Raspberry Jam

HOT FOOD

Party Pies & Rolls = $2.00 ea

Hot dog = $6.00

- ***GF Roll ADD $1.50***

Hot dog - No bun = $3.50

Bolognese = $6.50

- Home Made
- ***GF PASTA Add $ 1.50***

Meat Pie = $5.50

Jumbo Sausage Roll = $5.50

Pastie = $5.50

- Grated Cheese = $0.50
- Lactose Free Cheese = $1.50

Tomato/BBQ Sauce/Mustarc & Dressings = $0.50

Save The Dates

Grey Street

SCHOOL CAMP 2026 SCHEDULE

YR3 — **WARATAH BAY BEACH CAMP**
Dates: 14th - 16th October 2026

YR4 — **MELBOURNE URBAN CAMP**
Dates: 27th - 29th May 2026

YR5 — **BALLARAT CAMP**
Dates: 21st - 23rd October 2026

YR6 — **THE SUMMIT ADVENTURE CAMP**
Dates: 25th - 27th March 2026

Grey Street

SCHOOL
PHOTO
DAY

MONDAY 23RD FEBRUARY
SAVE THE DATE.

Road Safety and Parking

Dear families, we received the following message from Latrobe Council regarding safe driving around the school.

With the upcoming term about to begin I would like to take this opportunity to reach out regarding various safety issues that are noted around the schools of our community. Starting from 28th of January Local Laws in conjunction with Victoria Police will be conducting patrols to address speeding, mobile phone usage and parking issues around most schools during pickup and drop-off times. If you could please include in your next newsletter a reminder to parents regarding appropriate parking and adhering to all road rules, that would be appreciated.

As you are aware parking around our school is quite limited and traffic around drop off and pick up time especially can be quite hectic.

A few things to help keep everyone safe:

- Find a safe meeting space inside or outside school (depending on age of student), that works best for you and your family.
- Try arriving to school a few minutes earlier to possibly avoid the busy traffic
- Practice street safety as much as possible.

Pick Up/Drop Off Zone:

It is very important that parents please adhere to correct road rules around our drop off and pick up zone.
There is a space on Moore St that is sectioned off specifically for this and is a quick zone. Please do not be getting out of the car and going into the school if you have parked in this zone.
If your child is too little to be using this zone without you needing to exit the vehicle, please try to avoid using this space.

Art Supplies

Art Smocks:

Dear Parents/Guardians and students,
As we head into 2026, I would like to remind everyone that art smocks ate required to be brought to every lesson.
Children are asked to bring to school a clearly named art smock. An art smock can be a purchased ready-made smock or an old t-shirt, preferably long sleeved, that is trimmed to fit and covers and protects their school uniform.
Art smocks will be kept in the child's classroom and will be brought to and from the art room each week. It might be a good idea to take them home at the end of each term for a wash.
It is hoped that all students have their art smock at school by week 3 of this term.

Kind regards, Emma Gamble – Art Teacher.

Bead and Loom Bands:

We would love it if anyone has any beads or loom bands that they no longer need/want and are willing to donate them to the school, we would very much appreciate it.
We run a craft session each Friday in our Library during lunchtime.

JSC Lollies & Icypoles

Our wonderful JSC crew are ready to rock and roll for Term 1!!

They are starting us off with Lollies and Icy Poles for sale each Wednesday.

For our new students, please note that we only sell 1 of each item per student and if families can remember to please bring correct money or small notes on the day as we will have limited cash for change.

Returning Forms

Student Enrolment Forms – If families can please remember to return their Student Enrolment Forms to the front office as soon as possible. Please remember that we do require these back even if no changes are to be made.

CSEF – Any families eligible for CSEF who have not yet submitted a form for 2026, please ensure you do this. Please note that this is something that needs to be re-applied for every year so new forms are required. We do have spare forms at the front office if required.

Bus forms – If your student was a bus catcher in 2025 and you are wanting them to continue for 2026, please return a completed bus form to the office asap. This way we can monitor the buses correctly at the end of each day.
If you are interested in your child catching a bus for 2026, please see office staff for paperwork.

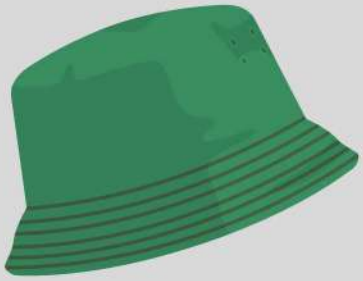
State School's Relief – This is only available for Prep families. If you believe you may be eligible, please see office staff for paperwork. Please note this paperwork needs to be submitted asap so the orders can be processed.

School Hats

Please ensure your child has a green wide brimmed hat for play times. In Term 1 and 4 we have a fairly strict No Hat, No Play policy so please make sure your child is bringing their hat every day.

Hats are available at the front office for $10

There will be no more borrow hats available as of next week.

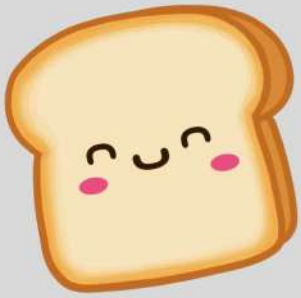


Breakast Club - Open!!

Michelle and our brilliant Breakky Club Crew are back!!

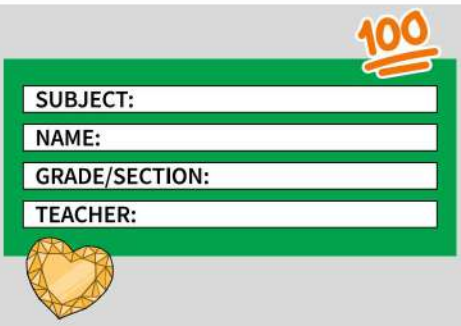
Breakfast Club is open to all students from 8:30am to 8:55am

Students can enjoy a breakfast or just a drink, whatever it is that they require!



Labelling Our Items

This is just a timely reminder to parents to make sure all of your student/s items are labelled.
Lunchboxes, drink bottles and jumpers especially are our main items that end up in our lost property, however if clearly labelled we can ensure these get back to the students quickly.



Community Connection

GREY STREET PRIMARY SCHOOL

Community Pantry

Community Pantry – Open and Available for All

We're excited to let our school community know that our Community Pantry is up and running! The pantry is open during school pick-up and drop-off times and is available to everyone in our school community.

You will find the pantry opposite Room 3's door in the breezeway – just follow the signs on the external doors.

Our pantry is stocked with non-perishable items such as cereals, soups, and canned goods. These items are generously donated through Foodbank, and we'll be restocking the pantry regularly to ensure ongoing support.

You'll find reusable calico bags available to place your items in – please take one and remember to reuse it when you return. While some pantry items may be close to or just past their best-before date, they are still safe to consume.

We kindly ask that you take what you need, but be mindful that others may come in after you, so please leave something for everyone.

Thank you for supporting and respecting this valuable community initiative!

Have an event that you would like published to the broader community? TCP Might be it for you!

If you know of any not-for-profit groups looking for space to promote their activities, space is available at Traralgon Centre Plaza. The best part is, there is no fee attached! This is a fantastic opportunity for community focused organisations to find a welcoming and supportive environment for their initiatives. Feel free to spread the word.

Contact: adele@fakwnerproperty.com.au

Community Connection

What's On: 2026

Please click on the link below to view a full calendar of events for the month of May being held at GPAC.

What's on in January

Community Connection

Grey Street Netball 2026 Sign Up Sheet

Love singing? For fun or for performing.....

SINGING LESSONS

For beginners and intermediate levels, children (7yo and up) and adults

ABOUT THE TEACHER – CAROLYNE BOOTHMAN (B.Ed)

- 35 years of teaching experience – all ages and abilities
- registered with the Victorian Institute of Teaching
- singing and performing for over 40 years
- singing lead and harmonies with the band "Borderline" for 20 years

PRIVATE LESSONS AVAILABLE:

- Morwell - Wednesdays from 5.30pm
- 30 min. sessions

LESSONS INCLUDE:

- your own preference of music styles and songs
- correct techniques, warm-ups, voice control, microphone use and stage presence

ENQUIRIES WELCOME.

Contact: Carolyne ph. 0419 526 709 or email carolyneboothman@gmail.com

Community Connection

CALLING ALL FUTURE FOOTY STARS!

DO YOU TURN 7 BEFORE 30 APRIL 2026

WANT TO KICK, LAUGH, AND HAVE FUN

LEARN NEW FOOTY SKILLS

MAKE FRIENDS AND BE PART OF A TEAM

WEST END JFC IS LOOKING FOR THE NEXT SUPERSTARS TO JOIN OUR UNDER 9'S TEAM IN THE 2026 SEASON

To secure a spot for your child, please contact Belinda via email president.wejfc@outlook.com or call/text 0417 345 195.

WEST END JUNIOR FOOTBALL CLUB

FUTURE MAGPIES PASS

As a Future Magpies Pass holder, you'll receive four FREE reserved seat tickets to Collingwood home games in Season 2026, plus the chance to win exciting prizes and experiences - including signed Collingwood memorabilia, a spot in our match day Guard of Honour, and more!

AGES 4-17 YEARS

JOIN NOW

LATROBE VALLEY 'ALL-ABILITY' CRICKET PROGRAM 2025

All school aged children with additional needs are invited to join us for 'ALL Ability' Cricket, the sessions will run weekly during Term 4, 2025 - 10 week program

Sessions will be held at

Traralgon WestCricketClub'West-end Sports complex'- Jack CanavanOval, Douglas Parade, Traralgon

TUESDAYS from 5pm - 5.45pm

StartingOctober14th and finishing on December16th

(except Melbourne Cup Public holiday)

A parent/carer must attend and be willing to participate with the child if required

Cost is $20 for the Term - siblings welcome to join in too!

Registration and payment will be organised at the sessions

For more information or questions, phone Sam (Coach) 0414516295 or Louise Varsaci 0414540296 or

find us on Facebook - All-ability Sports, Latrobe Valley

TRARALGON WEST CRICKET CLUB

WEJFC

Introducing.. ALL-GIRLS JUNIOR FOOTBALL! 2026

AGES 13-15

All-Girls U15's Competition

AGES 7-12

All-Girls Superkick Program

PLUS: Mixed U9's, U11's, U13's & U15's Competitions Available!

Players Of All Skill Levels WELCOME.

T&DJFL

ENQUIRIES:
VICEPRESIDENT.WEJFC@OUTLOOK.COM

WEST END JUNIOR FOOTBALL CLUB

MANGA DRAWING CLASSES!!!

Liz is a recent graduate teacher with a lifelong passion for creativity. Growing up in Latrobe Valley, she has been practicing art and drawing since the age of four. She holds a degree in Visual Arts and Design, as well as a Diploma in Graphic Design. Liz loves sharing her artistic skills with others and finds joy in helping students explore their own creativity and develop their talents.

Contact: Traralgon Neighbourhood House on 5174 6199.

Inviting Gippsland Parents and Carers of children 0-18 years to...

THE 'VILLAGE' NETWORK

The 'VILLAGE' is a national online lived experience network where everyone can be comfortable to share stories and perspectives about accessing health, community and education services.

We want to involve and learn from a diverse range of people, to ensure our work is relevant and meaningful. We meet online, for 2 hours every month, with all participation remunerated.

We welcome you to complete an Expression of Interest if you are a community minded change maker via the QR code.

We value the VILLAGE it takes to make real and meaningful change.

Please feel free to reach out with any questions you may have to Ahlia Griffiths: ahlia.griffiths@monash.edu

MONASH University | MONASH HEALTH AND SOCIAL CARE

Healthy Gippsland

BK'S GYMNASTICS TRARALGON

BK's Gymnastics teaches children foundation skills for future development in other sports and activities, while having fun and meeting new friends.

- **Kinder Stars** 4-5 years
- **Gym FUNdamentals** 5-8 years
- **Club Gym** 8-13+ years
- **Ninja Stars** 5-10 years

GET 2 WEEKS FREE*
When you mention your school during enrolment

PHONE 5176 3035
EMAIL TRARALGON@BKGYMSWIM.COM.AU
Gippsland Regional Sports Stadium
Catterick Cres, Traralgon

*Terms & conditions: Not valid with other promotions. Offer valid for a limited time only.

TRARALGON ROVERS

SIGN UP NOW -SIGN UP NOW - SIGN UP NOW- SIGN UP NOW- SIGN UP NOW- SIGN UP

SENIOR MENS, WOMENS AND JUNIOR HOCKEY

TRARALGON ROVERS HOCKEY CLUB

Traralgon Rovers Hockey Club is looking for Junior, Senior Mens and Senior Womens players to join our team!

Whether you're a seasoned pro or a complete beginner all skill levels are welcome to come along to play or simply try it out!

Scan the QR code or head to our Facebook page to get in touch or find out more

SCAN ME

facebook.com/traralgonrovers/

Little Athletics Victoria | LEAC

SEASON 2025-26

DISCOVER THE FUN OF ATHLETICS

Ever thought about trying athletics? Now's your chance! Meet new friends, bond with family, and enjoy achieving your personal best.

2025/2026 season starting on the 4th of October
Register to participate at
Traralgon Little Athletics Centre by visiting
www.lavic.com.au/centres/traralgon/

Still not sure, why not sign up for a *2 Week FREE* trial?

Register today at
lavic.com.au

President: Sarah Johnson

Grey Street
Primary School Traralgon