Principal’s Report

Dear Parents,

At Grey Street Primary School we believe in developing and using a growth mindset. Having a growth mindset helps to view mistakes as a natural part of learning and to persist and keep trying until you succeed.

Last week at Grey-a-thon there were so many examples of students, parents and teachers using a growth mindset to keep going until the Grey-a-thon had finished. As I went around the track I heard people encouraging each other and celebrating every lap they completed. It was especially lovely to see and hear our grades five and six students encouraging and supporting the younger students. What a great day!

A growth mindset is also a vital part of learning as it helps us to view new learning challenges positively and to persist when at first we don’t succeed. The ability to always keep trying and to give our best efforts are not only valuable skills in the classroom, they are also life skills. The ability to solve problems, work with others and to be able to transfer skills and knowledge from one context to another will help our students to thrive in a society where they may be undertaking jobs that do not yet exist.

Have a great week,
Kay Frost

Dates to Remember

18th August - Preps 100 days of learning celebration
26/27 August - Family Day Out (Tenpin Bowling)
1st Sept - Father’s Day Stall
13th Sept - Lunch Day
15th Sept - School Disco
22nd Sept - Last Day of Term
2.25pm Finish

HAPPY BIRTHDAY
Happy Birthday this week to—

What’s On This Week?
18th August - Preps 100 days of learning celebration
Playground Awards

Playground Awards are for showing respect for Self, Others, Learning or the Planet while in the playground

Makeisha C, Sam S, Shyan P, Freddy 1F, Hannah G, Fobert a F,

Stars of the Week

Star of the Week Awards are given for great learning, good attitude, accomplishment, persistence and effort in the classroom.

Congratulations to these students:
Rm 1 Lachlan H
Rm 2 Cully, Archie
Rm 3
Rm 4 Jacinta, Rivah
Rm 5 Keeley C
Rm 6 Blake, Paige
Rm 7 Elarah N, Beau B
Rm 8 Jorja K, Lily H
Rm 9 Jai
Rm 10 Rumah, Isla
Rm 11 Nick, Emma
Rm 12
Rm 13 Bella A, Darcy S, Ruby S
Rm 14 Delis
Rm 15 Aiden M, Samantha W
Rm 16 Baylee, Levi
Rm 17 Nathan M, Ruby G
Rm 18 Emily, Hunter
Rm 19 Tabitha, Marley R
Rm 20 Cleo, Stevie
Rm 21
Rm 22 Tom D, Alice F
Rm 23
Kitchen Gardens: Blake O, Hudson R, Adrian H, Link M

Kindness awards

Kindness awards are nominated each week by students in each grade. They have witnessed someone being kind and written it on a note for the teacher. The teacher discusses with the students these nominations and they choose one for each week at assembly.

Kindness Award

Stars of the Week

Magic Reading Award

Kitchen Garden Award
Night time worries (school age children)

'It is not unusual for some children to have night time worries or fears. Sometimes parents will describe their child as being 'a bit of a worrier'. Helping them overcome their night time worries teaches them skills they can use in other areas. Some children suffer from a more general anxiety which may need further treatment. Talking about it

Young children may say they fear the dark or monsters.

Older children may not be able to say what they are worrying about but have trouble falling asleep. They often worry about not being able to sleep and will tell you "I can't sleep". It is important not to disregard your child but at the same time you shouldn't place too much importance on irrational fears.

Routine

It's important to stick to your child's bedtime routine. Your child may need reassurance and support but try to avoid getting into a routine that makes your child dependent on you to fall asleep. For example, routines that involve you having to lie with them, or having your child in your bed. Being gentle but firm, and setting limits, makes your child feel safe. It also tells a child that you have confidence in them to manage this. Giving in to your child's requests may give them the message they are not going to be okay and that there really is something to worry about.

Externalising fears

This is a way of helping your child to deal with their fears and worries by using creative ideas to get rid of their fears and worries. 'Monster traps' are something many children and parents have found helpful. This can be talked about and set up during the day and is a way of making the child feel safe. Be creative with it. A 'worry box' works in the same way for older children with vague worries. They can put the worries in the box and think about them tomorrow. A special 'fairy' or protective 'dragon' is a way of using a child's imagination in an adaptive way. The fairy or dragon looks after them and takes away their worries. Planning this ahead of time and talking about it during the day, when they feel confident, will help them feel confident at night.

Relaxation

Breathing exercises.

Muscle relaxation: This has many benefits. Concentrating on relaxation is a distraction and can stop your child worrying. There are many physical feelings associated with worrying (e.g. breathing faster, sweating, heart racing). Relaxation can get rid of these physical feelings and make your child feel better able to cope.

Positive imagery: Sometimes called going to a happy place. Children who are 'worriers' often have a vivid imagination. By using their imagination to create a happy place when they are in bed may distract them from their worries, help them relax and fall asleep.

Other ideas

Night-light - as long as it does not stop your child from falling asleep, a dim night-light may be very helpful.

Security object - let your child choose something that will help them feel safe and more relaxed at night. This might be a soft toy, a favourite blanket or mummy's nightie, etc.

Positive reinforcement

Children often get lots of attention for having fears or worries which may encourage the behaviour. It is important to reward children for being brave and for managing their worries. Sticker charts work well even in older children. Break the process down into different parts and reward your child for each part so that they feel they are doing well. For example, a sticker for getting into bed, staying in bed and sleeping through.
Gippsland Regional Sports – Netball & T-ball
Last Wednesday, our netball and T-ball teams went over to Sale to play in the regional finals. The girl’s netball team put in excellent performances and only lost the one game to a Sale school. This meant that they came second to be the second best netball school in Gippsland. This is a great result and is a credit to our school’s netball teams and squads that play on weekends. Thanks to all the parents who put in all those hours to help the kids be the best they can be.

A very big thank you to Ben Farmer who once again did an excellent job at coaching the team and helping to drive the team over to Sale. Thanks also to Tayla Gatt for driving and managing the team and to Tania Whitehead for driving across as well.

The T-ball team had a great day despite the weather. All their games were challenging and although they didn’t win the boys learnt a lot about how the game is played and improved their skills greatly. They were certainly a lot better than at the beginning of the day which says a lot about their positive attitude. Thanks to Colin Uhe for coaching the team and driving students across to Sale.

Year 3/4 Swimming
The year 2 indoor swimming program commenced last week at the new Ford Swimming Centre. The brand new centre is finished now and had its first lessons last week. Most of the arrangements will be the same as previous years but some things will be different. For example, students will be required to wear a bathing cap for hygiene and pool cleanliness reasons. Students may bring their own caps or the pool will provide a cap for each swimmer.

Most obviously will be the price. The cost will be around $20 more than last year. While this is a significant amount, the value for money students will get with a new pool will be worth it. The school understands the cost pressures on families but at the same time it is vital to provide all students with the opportunity to have swimming lessons as part of their overall education.

*** Permission forms for Year 3/4 students were sent home last week. These need to be returned by this Wednesday 2nd August with payment please. This way forward planning can occur for a successful program. ***

Sporting Dates to Remember
Monday 31st July – Year 2 swimming continues this week
Monday 7th August – Year 3 and 4 swimming commences
Friday 4th August – Traralgon Schools Basketball Tournament
**Community News**

**Grey Street Primary School Fundraising Committee Presents**

**HOT DIGGITY DOG DAY**

Wednesday 23rd August 2017

**Meal deal $5.00 inc. Hot Dog in roll, drink and Donut.** Extra Hot Dogs $2.50 each

<table>
<thead>
<tr>
<th>Students Name: ...........................................................................................................</th>
<th>Room No:........</th>
</tr>
</thead>
<tbody>
<tr>
<td>My order is as follows:</td>
<td></td>
</tr>
<tr>
<td>Meal deal @ $5.00 <strong>Yes/No</strong> Inc. 1 Hot Dog <strong>Sauce: Yes/No</strong> 1 Drink and 1 Donut</td>
<td></td>
</tr>
<tr>
<td><strong>Drinks</strong> <em>(please circle 1 only)</em></td>
<td>Chocolate UHT Milk</td>
</tr>
<tr>
<td>Extra Hot Dog @ $2.50 each <strong>Yes/No</strong> No. Required:........ <strong>Sauce Yes/No</strong></td>
<td></td>
</tr>
<tr>
<td>Drink only <strong>Yes/No</strong> $2.00 (choose above)</td>
<td>Donut only <strong>Yes/No</strong> $1.00</td>
</tr>
<tr>
<td>ORDERS &amp; MONEY DUE BACK BY 3pm FRI. 18th August 2017</td>
<td><strong>NO LATE ORDERS ACCEPTED</strong></td>
</tr>
<tr>
<td>Sealed envelopes please <strong>NO LATE ORDERS</strong> Money to office</td>
<td>Change given if required</td>
</tr>
</tbody>
</table>
Being Safe on the Internet!

Playing online games can be fun, but never give out your real name, home address, school address, phone number.

Always ask your mum or dad before you go on the internet and check which websites you can go on.

If you see anything on the internet that makes you feel uncomfortable tell your mum or dad straight away.

Hello everyone,

The key message here is how to keep yourself safe when you are online. The Internet is a fantastic way to learn but it is important to remember:

1. When joining online games or sites, never give out your real name, home address, school address or phone number.
2. Always ask mum or dad before you go on the internet and check which websites are best for you.
3. If you get onto a site or a game use a nick name.
4. If you see anything on the internet that makes you feel uncomfortable tell your mum or dad straight away.

The Cyber Safe Team.
HOUSE POINTS

Our new School House system has begun this term and is designed to develop a POSITIVE mindset and an INTRINSIC drive in our students.

We wish to:

- Build a sense of pride (self-pride and school pride)
- Encourage self-motivation
- Build character amongst our students.
- Achieve self-learning goals.
- Build a sense of How will it help and why are we learning this?
- Foster goal setting to understand that effort equals improved results.
- Develop ownership amongst students that are self-driven and self-directed.
- Encourage students to strive harder to achieve what is within them.
- Reach their full potential.
- Achieve “learning goals”
- Improve for their own benefit.
- Students are not wanting or expecting a “pay-off”
- See increased effort.

We have utilized the School’s 4 respect statements (Respect for self, others, learning and the planet) and have linked mindset, mindfulness and Guy Claxton’s Learning Powers to: identify explicit behaviors that we want to encourage in our students.

The House names are based on local, successful pioneers and have been chosen by our Student leaders who researched and selected the two men and two women. All have become famous for their contributions to Science, Women’s rights, medicine and Health and all four embody the true qualities and determination that we want to foster and develop in our own students at Grey St Primary.
Hi everyone...The 2017 poppy challenge is upon us...This initiative is to commemorate our fallen heroes... If you can knit, crochet, craft or create a poppy then we need you...Last year we achieved an overwhelming, stagger- ing, mind blowing amount of 600+ poppies; which are displayed in the breezeway Chill Zone near the quadrangle...Can we beat last year’s target? What will the display be this year? All will be revealed...BUT we need your help...Patterns and some wool and knitting needles will be provid- ed...Come one come all...Age is no barrier for this amazing challenge...The challenge is open for all of term three with a finish date of November 1st. All completed poppies can be dropped off to Mrs. Gibbs, Mrs. Tripodi and Mrs Watters at any time.

Thank you in advance for your support.
Parents & Friends Team are excited about the events we have planned in Term 3

<table>
<thead>
<tr>
<th>Term 3 Events</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grey-a-thon</td>
<td>Wednesday 9th August</td>
</tr>
</tbody>
</table>
| Lunch Day              | Wednesday 23rd August – HOT D.I.G.G.I.TY DOG  
                          | Wednesday 13th September – THEME T.B.A. |
| Family Day Out (Bowling)| Weekend of 26/27 August        |
| Father’s Day Stall     | Friday 8th September           |
| School Disco           | Friday 15th September          |

If you are wanting to get involved and help with any of these events please send a message via our Facebook Page, or contact Rachael Clough (0402 336848) or Deb Whitby (0429 358 437)

**WEDNESDAY 9TH AUGUST**
**THE GREAT GREY ST GREY-A-THON**

Forms have been sent home last week to advise of Sponsorship details for the Grey-a-thon.
This is always one of our MAJOR fundraisers for the year and it’s a FUN MORNING OUT and some AMAZING prizes to be won
(And best bit is the Teachers Race at the start!)

Come down from 9:30am to cheer on the runners!
** Coffee Van will be there for your caffeine fix!**

It’s a FANTASTIC school community event and to get everyone there to support the school is always a fun day
(Let’s behave Mother Nature!)

Check out more details on our Facebook page.

**NEED MORE INFORMATION?**

We have a Parents & Friends Event Page on Facebook

**DONATIONS FOR FATHER’S DAY STALL**

Our P&F Team are already planning the Father’s Day Stall Gifts. As with previous years we always appreciate any donations that are provided. If you are able to help out please drop these at the Office.

**SAVE THE DATE**

We are planning a Family Fun day at Wyncity Bowling for the weekend on 26/27 August.
SAVE THE DATE and keep your eyes peeled on the Facebook page for more information as this is released.
What’s On At Grey Street OSHC – FRIENDSHIP WEEK

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3D PUFFY NEWSPAPER TREE</td>
<td>3D RAINBOW CREATIONS</td>
<td>3D UNDER THE SEA CREATION</td>
<td>3D HOT AIR BALLOON FUN</td>
<td>3D SEA SHELL CREATURES</td>
</tr>
<tr>
<td>Use Newspaper and cupboard to create a</td>
<td>Create your very own 3D</td>
<td>Get creative and paint your underwater</td>
<td>Create a 3D hot air balloon using coloured</td>
<td>Create a creature of choice using sea</td>
</tr>
<tr>
<td>puffy newspaper tree by placing scrunched</td>
<td>rainbow and why not add a</td>
<td>scene and add your choice of fish and make</td>
<td>paper and string. COOKING CLUB:</td>
<td>shells, paint and glue</td>
</tr>
<tr>
<td>up newspaper inside the leaves</td>
<td>fluffy white cloud to the end.</td>
<td>them stand out.</td>
<td>3D STAR COOKIES</td>
<td></td>
</tr>
</tbody>
</table>

KIDS CORNER

Junior leaders!

Jay B - For his willingness to help his peers and the Educators.

Haylia T - For her kindness towards her friends and always making people smile

Community News

As most are aware Term 3 isn’t a sun smart term. But a hat is always safe, as well as a jumper for cooler days

Joke of the Week

Q: What did one sea say to the other?
A: Nothing they just waved

ENROLMENT AND BOOKINGS

We always welcome new faces to Before, After School Care and Vacation Care. Enrolments can be completed online at www.afterthebell.com.au or by downloading a paper version, or you can pick one up at the OSHC room. Should you need any assistance with the process, feel free to call 03 9758 6744 and we will be happy to help you out

CONTACTS US

Booking/Cancellation: enrolment@afterthebell.com.au
OSHС contact number: 0437 009 155
Program Leader - Rebecca

Find us on: facebook®